



# **Sathya Sai Baba Organization of America**

## **Pacific South - Region 8**

**Love All Serve All**

**Oxnard Medical Camp**

**Sunday, October 16<sup>th</sup>, 2016**

**Our Lady of Guadalupe Church**

**Oxnard, CA**

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The Sathya Sai Baba Organization of America, Pacific South Region 8 held its 8<sup>th</sup> Annual Oxnard Medical Camp on October 16<sup>th</sup> 2016 at Our Lady of Guadalupe Church, Oxnard, CA. The camp provided free screening for vision, dental, women's health and primary care. Patients with needs that were beyond the scope of the camp, were referred to a local free county clinic.

The camp started at 8:30am with patients registering and designating which services they wish to obtain. Patients proceeded to the vitals area and blood work if required. Patients then were led by volunteers to each area of service requested. The primary care physicians and pediatricians provided screening for diabetes, hypertension, anemia, dyslipidemia, and obesity. Patients with musculoskeletal issues were referred to the orthopedic physician. The nutrition department provided education for diabetes, hypertension, dyslipidemia, and obesity. Patients seen in the vision department, were provided with eye exam and eye glasses. Dental services included exams and fluoride treatment. Women's health provided mammogram screening and pap smears. Patients also were given the option to consult with social services and register for the Affordable Care Act.

Our non-medical volunteers included the following:

- ❖ 145 Sai Volunteers
- ❖ 29 Runners and Bilingual Volunteers from Casa De Vida
- ❖ 54 Bilingual Translators
- ❖ 127 Unaffiliated Volunteers
- ❖ 18 Lions Club Members

Our medical volunteers included the following:

- ❖ 1 Optometrist
- ❖ 1 Ophthalmologist
- ❖ 10 Primary Care Physicians
- ❖ 5 Dentist
- ❖ 3 Gynecologist
- ❖ 1 Pediatrician
- ❖ 1 Endocrinologist
- ❖ 1 Orthopedist
- ❖ 15 Registered Nurses
- ❖ 28 Medical Assistants
- ❖ 3 Dietician
- ❖ 3 Health Educators
- ❖ 21 Other Medical professionals

A total of 646 people were served at the Oxnard medical camp – adult males, 186; adult females, 360; minors, 100.

- ❖ Labs

- Finger Stick/Blood Labs: 363
  - Fasting Blood Glucose: 126; Abnormal: females, 38; males, 12 (with higher than 99 mg/dl)
  - Random Blood Glucose: 225; Abnormal: females, 22; males, 18 (with higher than 139mg/dl)
  - Hemoglobin 323 ; Abnormal: females, 72; males, 23; minors 12 (with < 12mg/dl for females and 13 mg/dl for males)
- BMI screenings: 396
  - Abnormal: females, 100; males, 38; minors 3 (with BMI 30 or higher (obesity referral trigger))
- Blood pressures: 345
  - Abnormal: females, 71; males 45; minor 1(Systolic greater than 140 or Diastolic greater than 90 [mmHg])
  
- ❖ Medical Services
  - Primary Care – 228
  - Endocrinology – 18
  - Pediatrics – 30
  - Orthopedics: 14
  
- ❖ Nutrition Counseling – 69
  
- ❖ Dental – 259
  
- ❖ Fluoride Treatment - 250
  
- ❖ Vision – 470
  - Of the 470, 62 needed no prescription, 33 need to be made at the optical lab and 375 received recycled eyeglasses
  - 199 received eyeglasses for the first time.
  - 11 patients need cataract surgery on at least one eye.
  - 8 patients need assessment / treatment for glaucoma.
  - 1 patient needs a 6 month follow up on background diabetic retinopathy.
  - 1 patient needs surgery for bilateral ptosis
  - 3 patients need treatment for diabetic maculopathy.
  - 1 patient needs excision of a pterygium.
  - 1 patient needs treatment for marginal keratitis.
  - 2 patients need assessment of dry macular degeneration / macular dystrophy.
  
- ❖ Women's Health
  - Pap smear: 54
    - Abnormal: 13
    - 2 with ASCUS
    - 2 with LGSCIL
    - 1 with HPV+
    - 6 with bacterial vaginosis
    - 2 with candida

### 3 with unsatisfactory specimens

- Mammogram: 65
  - Abnormal: 7
- ❖ Social Services: 58; Women: 33 Men: 22 Children: 3
  - Medi-cal - 21
  - Food Stamps/Cal Fresh - 11
  - Covered California/Affordable Care Act – 8
  - Public Health - 1
  - Medicare Part D - 3
  - Low Income Energy Assistance (LIHEAP) - 2
  - Mexican Consulate - 12
  - Families receiving bags of groceries – 388
- ❖ Influenza Immunizations: 244
  - Females, 152; males, 92;

### **Follow-up care Update (continued next page):**

#### Blood Lab:

All Patients with abnormal cholesterol and abnormal blood sugar levels were seen on site at the Medical Screening Camp by Primary and Specialty Care Physicians and Dieticians. Some were guided to Clinicas Del Camino Real, Inc., a low cost referral clinic for further treatment.

#### Mammogram & Pap Smear

7 patients who had positive (abnormal) results from Mammogram screenings have been contacted for immediate follow up care.

#### Vision:

375 patients received free recycled prescription eye glasses. 33 patients received free custom eye glasses. 28 patients were referred for a follow up care.

#### Dental:

250 patients received free dental fluoride treatment and assessment.

#### Psychology:

Patients who came to the Psychology station were referred to California Lutheran University Community counseling services to provide them best professional consultation with solutions.

#### Other:

12 families were advised by Mexican Consulates regarding federal benefits available to visitors. 43 patients were screened for Medi-Cal, Covered CA and CalFresh eligibility.

Your love for service to the needy, your commitment, and your generosity has set an inspiring model for others to follow. Thank you once again, and we look forward to your support at Free Health Screenings in the future.

Sincerely,

Monica Malhotra  
Medical Camp Coordinator

Nilem Patel, M.D.  
Chief Medical Director

C. Chandradas, M.D.  
Regional Medical Director,  
Pacific South, Region 8