



**Sathya Sai Baba Organization of
America
Pacific South - Region 8
Love All- Serve All**

***Corona - Norco Free Health Screening Day
March 19, 2016***

Please accept our heartfelt gratitude for your wonderful support of the Free Health Screening Day in Corona on March 19, 2016, from 8:00am to 2:00pm. Your willing help and loving participation made it possible to provide the free medical screenings and services for those in need in the community. We were very blessed to have had a large number of volunteers including:

- 78 Medical Professionals covering over 29 medical specialties,
- Over 200 Professional Volunteers including over 167 Sai volunteers, CNUSD staff & other community members,
- 65 Student Healthcare Professionals, and
- 165 High School student volunteers.

A total of 577 men, women, and children came to the medical camp for medical screening and services, and the following number of screening tests and services were performed:

- Total Number of Blood tests - 679, including:
 - Cholesterol & Lipid - 325,
 - Blood sugar (including HbA1C) -354
 - Hemoglobin - 7, and
 - Prostate-Specific Antigen (PSA) - 7,
- Electrocardiograms (EKG) – 44,
- Pulmonary function test (PFT)- 15,
- Urinalysis – 17
- Bone Mineral Density tests (BMD) - 17
- Diet Counseling - over 95,
- Adult & Children got free recycled eye glasses – 372,
- Immunizations – 30,
- Breast Exams- 60,
- Pap smear- 56,
- Fluoride treatment-209,

Blood Lab:

These tests and services resulted in the detection of 181 individuals with abnormal cholesterol (lipid) tests, and abnormal blood sugar tests. All Patients with abnormal cholesterol and blood sugar levels were seen at Corona camp site by Primary and Specialty Care Physicians and Dieticians. Patients were guided to Clinica Medica Familiar, a low cost referral clinic for further treatment.

Follow-up Care

Primary care through Clinica Medica Familiar clinics:

Over 85 patients were referred at the camp to Clinica Medica Familiar. All were contacted by the Clinic.

From Blood lab: 16 patients with Diabetes, 2 high cholesterol and triglycerides have been seen and treatment has been initiated. All PSA results are normal.

From Referral clinic: 45 patients came to the clinic out of which 18 children received free physicals, 25 Medical consultations and 2 for procedures. All of them have been receiving treatment and continue to be seen at the clinic. Patients qualified under programs are receiving free services, those who do not, have paid a 10 dollar copay with 30% off on treatments. Patients have been provided with free samples of all pertinent medications available at the clinic. A few patients have their own Doctors. Some patients living out of the county will seek treatment in their cities.

Mammogram and Pap Smear: 6 mammogram tests came positive and all have been contacted and are currently undergoing secondary tests. All Pap Smear results came negative.

Vision through Corona Optometry:

444 patients were seen at the vision department, 372 patients received free recycled prescription eye glasses on site, 42 patients received free custom eye glasses after the camp which were mailed out to all patients recently. 18 patients with abnormal vision results were referred to Corona Optometry. 13 patients with contact information available were contacted by Corona optometry. 7 patients are seeking help through their own optometrists, 2 patients started paperwork with Corona Optometry.

Dental through Tran's Dental:

209 patients received free dental fluoride treatment, 209 got advice on Hygiene with kits. Patients with needs were referred to Tran's Dental clinic. At the clinic, patients who did not qualify for any program were offered a full check up exam and x-rays for \$25 at Tran's dental. There were 2 urgent cases who had swelling of the cheek on the day of the camp: both were offered appointments at Tran's Dental for free emergency treatment in the week immediately following the camp day. One showed up at his appointment day: a focus exam, x-ray was performed, the abscess was released and a prescription was given at no cost to the patient. The patient subsequently came back to Tran's dental for 2 root canals and 2 Post/build up as these are the teeth which caused the abscess. The patient was charged a "scaled down" fee of \$395 for the 2 teeth, which represented 1/3 of the actual discount cash fee at Tran's Dental. His dental work was finished last week, and the patient was referred back to his regular local dentist for follow up.

Up until today, 7 patients from the Home Garden camp have come to Tran's Dental as comprehensive care patients. They paid \$25 for their full check up, exam, x-rays, which represented a 50% discount off Tran's Dental regular exam fee. I am happy to report that all 7 patients have decided to stay with Tran's Dental for their long term

treatments. I can't praise enough Dr. Quynn Tran and his staff who were able to work out a payment plan small enough to accommodate these needy patients.

Psychology:

3 Psychologists and a Psychotherapist lead by Dr. James Koeppel from CNUSD saw 14 patients. Five patients with anxiety issues, four patients with depression, 1 patient with sleep problem, 1 patient with bereavement, 1 psychosis patient, and 2 with normal problems of daily living.

All issues were solved with care & love.

Your love for service to the needy, your commitment, and your generosity has set an inspiring model for others to follow. Thank you once again, and we look forward to your support at Free Health Screenings in the future.

Sincerely,

Roopa A. Sharma
Medical Camp Coordinator

Ashok V Sharma, M.D.
Chief Medical Camp Physician

Chandradas, M.D.
Regional Medical Director