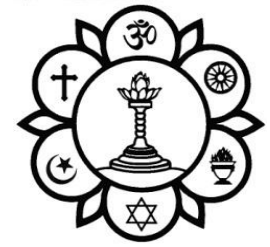
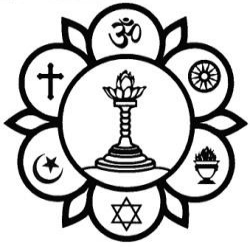


2016 SERVICE PROJECTS – REGION 8 – ARCADIA CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Convalescent Hospital: One group of volunteers plays Bingo with the residents of a convalescent hospital in the recreation room and concludes with group singing. A second group of volunteers visits the residents in their rooms, distributing bananas, cookies, coffee and juice; talking with patients and sharing divine love with them.</p>	<p>Every Sunday at: Country Villa 400 W. Huntington Dr. Arcadia, CA</p>	<p>Four volunteers are needed every Sunday to assist Dr. Angenelu at this Hospital, from 2:00 to 4:00 pm. Please contact Center officers for more information. A volunteer sign-up sheet is kept at the Arcadia Center on Thursdays.</p>	4	25	Arcadia
<p>Sandwich Projects: Sandwiches are needed for the hungry in downtown LA for distribution every Sunday morning and for distribution to needy families through Foothill Unity Center, Monrovia. Please make two sandwiches, one with peanut butter and jelly, and one with sliced cheese and butter or margarine. Put BOTH sandwiches in ONE sandwich ziploc bag.</p>	<p>Every Sunday— Downtown Los Angeles</p> <p>Every Monday— Foothill Unity Center</p>	<p>Sandwiches are needed at the Sai Center by Sunday 9:00 am for downtown LA and for Foothill Unity Center, Monrovia. Please deliver to Arcadia Center and place sandwiches in the refrigerator in the garage. Please do not leave the sandwiches in the freezer or on the bench on the front porch.</p>	10	100	Arcadia, South Bay

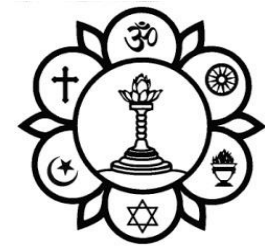
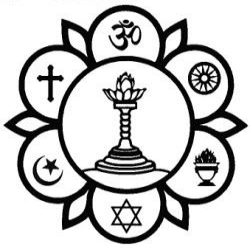
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Feeding the Hungry: Food for low-income and homeless brothers and sisters in downtown LA every Sunday morning, as a joint project with Glendale and Hollywood Sai Centers. Normal menu includes sandwiches, bean burritos, donuts, cookies, juice, hot soup, fruit, and water. Hot meals consisting of rice and curry, pasta and salad, ice cream, fruit punch, etc. are served typically on 3rd Sundays of alternate months, and 5th Sundays of the month, and on special occasions.</p>	<p>Every Sunday, 10:30 am – Noon, corner of Wall and Third Street, Los Angeles (near Little Tokyo)</p>	<p>In addition to making sandwiches, volunteers who want to serve the food can come to downtown LA site by 10:30 am every Sunday. Hot meals require several large trays of hot food to be prepared on the day of service. Please contact Center officers for more information or to volunteer on site.</p>	<p>15</p>	<p>225</p>	<p>Arcadia, Glendale, Mission Viejo, Lakewood</p>
<p>Food Bank: A Food Bank is maintained by Arcadia and Glendale Centers to distribute nutritious food baskets to needy families. Volunteers participate in the purchase of food for the Bank and distribute food to the homes of selected needy families. Distribution of “Food Baskets” is undertaken on special occasions by the Bank.</p>	<p>Food Bank in South Pasadena</p>	<p>Volunteers provide food items or participate in the wholesale purchase of food items. Volunteers also deliver food baskets to the homes of needy families every month. Devotees may recommend families in need to the Food Bank committee. Please contact Center officers for more information or to volunteer.</p>	<p>5</p>	<p>15 Families</p>	<p>Arcadia, Glendale</p>
<p>Sewing Project: Garments are sewn by devotees for children, ages 0 to 5, from very needy families. The garments are distributed through the Women, Infants & Children (WIC) program and also sent to the needy in India, Sri Lanka and Haiti. New and nearly-new men’s, women’s and children’s clothing and toys are collected and distributed to the needy.</p>	<p>Regular—All year around.</p>	<p>Both scraps of fabric and whole cloth are utilized in this project. Volunteers who wish to donate fabric should contact Center officers for further information.</p>	<p>1</p>	<p>100</p>	<p>Arcadia</p>

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Eye Glasses: We collect used and new eyeglasses for the needy to be handed out through the Lions Club “Friends in Sight” program. Over 400 recycled prescription eyeglasses are handed out at each medical and vision camp conducted by Region 8.</p>	<p>Regular—All year around.</p>	<p>Please contact Center officers for further information.</p>	<p>Those who have used glasses at home donate them</p>	<p>100</p>	<p>Arcadia</p>
<p>Mahasamadhi Day: In observance of the Mahasamadhi Day, April 24, Arcadia and Glendale Centers annually distribute about 250 food baskets and toiletry bags to very needy families in Oxnard, California. Hot meals are also served to the homeless in downtown Los Angeles in coordination with the Glendale Center.</p>	<p>April 21, 2013— Oxnard and downtown Los Angeles</p>	<p>Please contact Center officers for further information.</p>	<p>25</p>	<p>250 Families</p>	<p>Arcadia, Glendale, Camarillo, Ojai</p>
<p>Easwaramma Day: Every year, on 6th May, devotees from Arcadia Center serve a sit-down lunch to the homeless and the needy at the Pasadena Union Station homeless center.</p>	<p>May 6, 2013— Union Station, Pasadena</p>	<p>Please contact Center officers for further information.</p>	<p>15</p>	<p>100</p>	<p>Arcadia</p>
<p>Toiletry Bags to Downtown Homeless: Arcadia and Glendale Center devotees prepare about 450 toiletry bags for the homeless in downtown Los Angeles and for needy families in Oxnard.</p>	<p>January & April— Downtown Los Angeles</p>	<p>Please contact Center officers for further information.</p>	<p>15</p>	<p>250</p>	<p>Arcadia, Glendale</p>



2016 SERVICE PROJECTS – REGION 8 – ATASCADERO

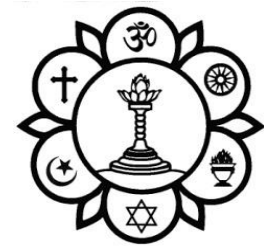
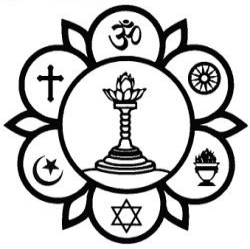
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers involved
Prepare and serve dinner at soup kitchen	Once a month 1 st Sunday of every month. At ECHO (El Camino Homeless Org) 6370 Atascadero Mall, Atascadero, (805) 462-3663.	We prepare meals for 30-60 people at our homes then serve at the center. We have cleaned the kitchen in the past.	5 to 6	30 to 60	Atascadero
Provide books for children at homeless shelter	We have only done this a few times for ECHO (El Camino Homeless Org) 6370 Atascadero Ave, Atascadero, (805) 462-3663.	Bought new books on Swami's Birthday last year for homeless shelter. We don't do regularly; just when needed or requested.	5 to 6	10 to 15 children	Atascadero
Dental Hygiene kits for homeless shelter residents	Usually twice a year. For Loaves and Fishes, 5411 El Camino Real, Atascadero, (805) 461-1504.	Our Sai group buys the items then they are handed out as needed.	5 to 6	50 families	Atascadero



2016 SERVICE PROJECTS – REGION 8 – CAMARILLO

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Family-to-Family Breakfast Feeding: Purchase, prepare, & serve breakfast for disadvantaged people once a month in Ventura	First Saturday of the month, year round, 6:00 to 9:30 am at Family to Family: 303 N. Ventura Ave. Ventura (805) 804-7238	Cut various vegetables for Spanish potatoes, fruit for fresh fruit salad, make pancakes, fill cereal bowls, make coffee and hot chocolate, orange juice, set up chairs, wipe tables, wash dishes/pans, etc.	Appx. 9	75 Served 150 Servings	Camarillo, Ojai
Instant Breakfast Bags: Purchase & assemble 200 Ziploc breakfast bags delivered to Project Understanding Food Pantry in Ventura	3rd Thursday monthly from 7:30 PM at the Camarillo Center	Assemble instant breakfast bags (instant oatmeal, powdered milk, brown sugar, raisins); deliver to Project Understanding Food Pantry in Ventura	Appx. 8	200	Camarillo
Bags of Free Groceries: In observance of Mahasamadhi Day (Sai Baba's Aradhana Day-April 24), rice & beans (2500 lbs. of each) are bagged & added to other items from the Arcadia & Glendale Centers for 250	Exact date in April varies each year to assemble the rice & bean bags at the Camarillo Center- contact center for details	Camarillo & Ojai Centers: Purchase & assemble 250 bags of rice & beans (2 lb. each/bag, 10 lb. of each/family); deliver to Christ the King Church in	15 to 20	250 families	Camarillo, Ojai, Arcadia and Glendale Centers

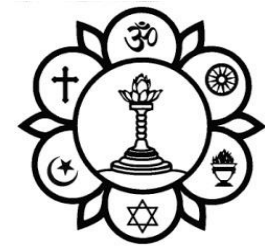
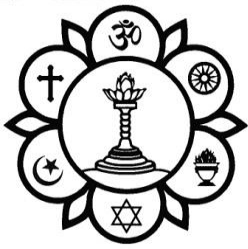
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
disadvantaged families in Oxnard		Oxnard			
Oxnard Medical, Dental & Vision Screening Camp: Region 8 devotees and community members from the greater Oxnard area have helped to provide free medical, dental and vision screening and distribute groceries at Our Lady of Guadalupe Catholic Church since 2006.	1x/year (usually in October) for past 10 years (since 2006) at Our Lady of Guadalupe Catholic Church 500 N Juanita Avenue Oxnard, CA (805) 483-0987	Saturday: Set up classrooms & old main chapel; food bagging. Sunday: Various tasks in different departments- Blood, Dental, Health Education/Nutrition, Primary Care, Registration, Runners, Social Services, Vision, Women's Care, Exit	9 for Camarillo; 250 total from Region 8 & greater Oxnard area & the community	640 total (in 2015)	Camarillo, Ojai, Thousand Oaks Centers



2016 SERVICE PROJECTS – REGION 8 CHATSWORTH CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Burrito and Brown Bag project: They are taken to San Fernando Valley Rescue Mission for Women and Children, where they are distributed to two food pantries (50 to each) on the following Monday.</p>	<p>Done at the Chatsworth Center on the 3rd or 4th Sunday of each month</p>	<p>Making burritos, putting the brown bag together. The bags include a burrito, an apple, a bag of Famous Amos cookies, a Capri Sun juice, a rice crispy bar, a few candies and a bag of chips.</p>	10	100	Chatsworth
<p>Hygiene Kit project: Hygiene kits are assembled once a year by the Chatsworth Center and taken by the San Fernando Valley Rescue Mission for Women and Children for distribution to 100 people.</p>	<p>Done each year around Sai Baba's birthday (Nov. 23) at the Chatsworth Center</p>	<p>Center members put the kits together: a face towel, tooth brush, large toothpaste, large bottles of shampoo and conditioner, a large shaving gel and razor for women, body wash, hand sanitizer, hair comb, socks, nail clippers, sanitary pads and a body cream.</p>	10+	100	Chatsworth
<p>Rice and Bean Collection (over 1000 pounds): We collect large bags (50 pounds) of rice and beans (10 of each) and provide them to San Fernando Valley Rescue Mission.</p>	<p>Typically done 2x/year at the Center (near Sai Baba's Aradhana Day, April 24, and</p>	<p>We purchase large bags of rice and beans and take them to the Center. The Rescue Mission comes and picks them up from the Center.</p>	10+	Varies	Chatsworth

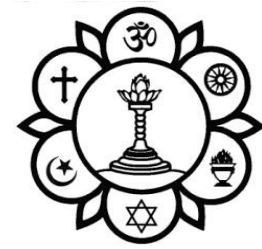
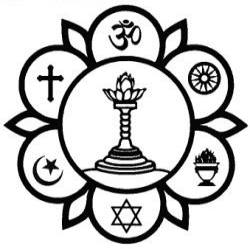
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Beverly Hills Manor, Rehab Center: Chatsworth Center members play music and distribute cookies to the residents.</p>	<p>his birthday, Nov 23) Done every Saturday, 10:30 am to 12:00 pm at the Beverly Hills Manor, Rehab Center on Topanga Canyon Blvd. near Chatsworth in Los Angeles, CA</p>	<p>Center members spend time and entertain the folks in the rehab center.</p>	<p>2-3</p>	<p>20-30</p>	<p>Chatsworth</p>



2016 SERVICE PROJECTS – REGION 8 – GLENDALE CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Lunch Project: Once a month for the homeless in downtown Los Angeles. Menu includes: burritos, sandwiches, donuts, soup, and fruit, pizza, salad, and breadsticks.	Every Sunday at 10:30 am, intersection of Wall St. and 3rd St., Los Angeles, CA (Hot meals are served about six to ten times year).	Sandwiches can be dropped off every Sunday by 9:00 am at the Glendale Center, downstairs by the office. Contact us for details.	8 to 10	150 to 250	Glendale, Arcadia, Hollywood
Breakfast Project for the homeless. Meal includes pancakes, bagels, muffins, juice, milk, cereal, fruit, water bottle and a toiletry pack.	3rd Saturday, 6:00 am at Ascensia Transitional home, 1851 Tyburn St., Glendale (818) 246-7900 www.ascenciaca.org	Volunteers assist in preparing breakfast on site and serving. If you would like to volunteer, please contact us in advance.	4 to 5	30 to 40	Glendale
Dinner Project for the homeless. The menu usually includes pasta, veggies, salad, rolls, and drinks, but varies with theme of meal, i.e. Mexican or Indian.	4th Sunday, 5:30 pm at Ascensia Transitional home, 1851 Tyburn St., Glendale (818) 246-7900 www.ascenciaca.org	Volunteers prepare food at home and bring for on-site serving. Pre-assigned menu. If you would like to volunteer, please contact us in advance.	6 to 7	30 to 40	Glendale
Rice and Bean Packing Project: Packing of about 100 bags of rice and beans (one pound each).	1st Friday of the month at the at 9:00 pm, Glendale Center, 1118 E Colorado St, Glendale, CA	All are welcome, including children, in packaging rice and beans which will be donated to Ascensia.	15 to 25	100	Glendale
Blanket Distribution: blankets, water bottles and bananas to the homeless.	Once a year (January); downtown Los Angeles in the evening.	Center members purchase and distribute. Please contact center officers for more information.	15 to 20	250 to 300	Glendale, Arcadia

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Umbrella Distribution: Umbrellas to the homeless.	Once a year (variable; usually in January) at intersection of Wall St and 3rd St., Los Angeles, CA	Please contact center officers for more information.	8 to 10	300	Glendale, Arcadia
Food Bank: Maintained jointly by Glendale and Arcadia centers. Packages include rice, beans, sugar, oil, jam, jelly, can foods, cereals, etc.	Provides monthly rations to needy families. Located in South Pasadena, CA. Year-round.	Devotees may recommend families in need. For more information on donating items, contact the center officers.	4 to 6	15 to-20 families	Glendale, Arcadia
Gram Seva: Glendale and Arcadia Center annually distribute food and toiletry bags to needy families in observance of Aradhana Mahotsavam (Mahasamadhi Day).	April 24th. Distributed at Christ the King Church 535 Cooper Road Oxnard, CA 93030	Volunteers can assist in packaging items as well as distribution. Please contact center officers for times and location.	20 to 30	250 to 300	Glendale, Arcadia
Toiletry Bags for Downtown: 450 toiletry bags for the homeless in downtown Los Angeles and needy families in Oxnard.	Twice a year (time variable)	Volunteers can assist in packaging items as well as distribution. Please contact center officers for times and location.	20 to 30	About 450	Glendale, Arcadia

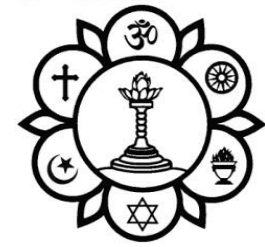
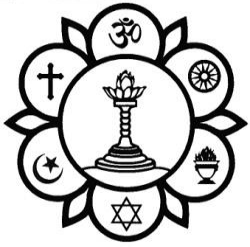


2016 SERVICE PROJECTS – REGION 8 – HOLLYWOOD CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Burrito Project (every weekend): Volunteers have a wonderful time making burritos from scratch and assembling them for distribution (see below) by the Arcadia and Glendale Sai Baba Centers in downtown L.A. The energy is so contagious; we've often had strangers enthusiastic to join in the service.</p>	<p>Every Sunday 1215 North Sycamore, Apt. 203, Hollywood 90401</p>	<ol style="list-style-type: none"> 1) Organize ingredients. 2) Saturday-Pick up fresh tortillas, wash and soak the beans (1 person) 3) Sunday morning-Cook the beans for several hours. 6:00-8:30 am (1 person) 4) 8:30 - 10:00 am (5-10 people)- Assemble the burritos 	<p>5-10 people</p>	<p>240</p>	<p>Hollywood</p>
<p>[Feed the Hungry in Downtown Los Angeles:] The Arcadia and Glendale Sai Baba Centers distribute the burritos in downtown L.A. that were made by the Hollywood Center.</p>	<p>[Every Sunday – corner of Wall St. and 4th St., Downtown Los Angeles, 11:00 am- 12:30 pm]</p>	<p>[Burritos (see above) are distributed in downtown Los Angeles]</p>			<p>[Arcadia & Glendale]</p>
<p>Hot Meals Service: Hot meals are provided twice a year (in April for Sai Baba's Mahasamadhi Day & his birthday in November)</p>	<p>Corner of Wall St. and 4th St., Downtown Los Angeles, CA</p>	<p>We made 7-9 large trays of fresh salad and participated in the sit-down food service to the homeless</p>	<p>Minimum 5 people</p>	<p>300</p>	<p>Hollywood, Arcadia & Glendale</p>

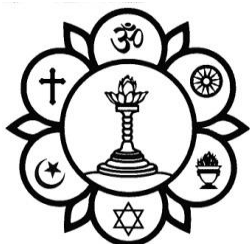
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Malibu Correctional Facility Class(es): This project has been done for many years by Hollywood Center members. (Due to major construction at the site, it is currently on hold, as of July 2016.) Volunteers assist incarcerated teens in developing tools to get a job, and have also taught tools from Swami's Human Values teachings. In the future, we hope to begin an official EHV class.</p>	<p>Every Monday night; Camp Kilpatrick, at Los Angeles Juvenile Correctional Facility in Malibu</p>	<p>Methods/Skills: videotape the boys practicing job interviews; teach them how to complete a job application & how to get good references by volunteering in a church or charity (do service, the universal transformer and healing tool).</p>	<p>1 + visitor speaker/ teachers</p>	<p>10-15 teens/ week</p>	<p>Hollywood</p>
<p>Safe Place for Youth (SPY)-Monthly meals for homeless youth: In collaboration with the LA center, we provide and serve a hot meal for hungry youth (ages 18-24) at the SPY facility. Some teens had expressed an interest in learning how to use a computer, so one our members donated a laptop.</p>	<p>3rd Tuesday of the month, 3:30-5:00 pm SPY site: 2469 Lincoln Blvd. Venice, CA 90291</p>	<p>We alternate, one month bringing the meal and the next bringing dessert, paper goods and refreshments. Volunteers are needed to: 1) Bring and prepare hot food, juice, water, salad, fruits and/or sweets; 2) Serve the meal.</p>	<p>Minimum 5-6 people prepare food; 3 people serve the food</p>	<p>40-50</p>	<p>Hollywood and Los Angeles</p>
<p>Country Villa Westwood Healthcare Center: Center volunteers visit the convalescent home where we distribute song lyrics so the patients sing along with us and various instruments. We all have an uplifting experience as we sing and dance together.</p>	<p>3rd Saturday of the month, 3:00 - 4:30 pm Country Villa Westwood Healthcare Center 12121 Santa Monica Blvd., Los Angeles, CA 93025</p>	<p>We serve refreshments (cake & drinks) during our visit.</p>	<p>Minimum 5 people (instrumentalists & singers)</p>	<p>15-20</p>	<p>Hollywood</p>
<p>Medical, dental and vision screening camps: Center members participate in</p>	<p>March (Corona), July (Huntington Park),</p>	<p>Volunteers are assigned to tasks in several different</p>	<p>About 5 people from Hollywood</p>	<p>400-600</p>	<p>Hollywood, Region 8 Sai</p>

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
health screening camps in Corona, Huntington Park and Oxnard each year	and October (Oxnard)	departments	(250 total volunteers)		Organization
Ability First Beach Day: Some Center members participate in the Region 8 Beach Day for children with special needs.	In August at a beach in Long Beach, CA	Hollywood usually does the music program and brings some food	Minimum 5 people	50-70	Hollywood, Region 8 Sai Organization
Gift Bags at the LA County Juvenile Correctional Facility (Girls): Provide each of the girls with a large gift bag filled with fruit, food items and snacks	Every Christmas	Center members prepare & deliver about 100 large gift bags filled with fruit, food items and snacks	5-10 people prepare & deliver	About 100	Hollywood
Adopt-a-School Projects: The Center participates in various school projects when we are made aware of needs at different schools.	[Whenever the opportunity presents itself]	In the past: In collaboration with Region 8 Sai Central Area Centers, Center members have painted classrooms and buildings and provided clothing & toys. We will participate in the upcoming "108 Backpack Project" for Huntington Park School District, in collaboration with Glendale & Arcadia Centers.	[Varies with the project]	[Varies with the project]	Hollywood, Arcadia & Glendale



2016 SERVICE PROJECTS – REGION 8 – KARUNA CENTER

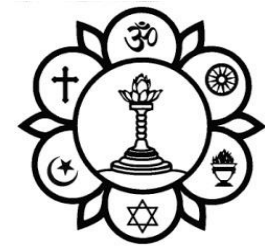
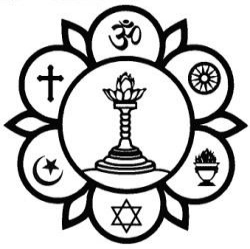
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Lunch Bag Delivery Every family prepares a lunch bag containing two sandwiches (one peanut butter and jelly and one butter and cheese) a fruit and a drink.	Every Sunday at each family's home	The bags are taken by volunteers of the Center to CAYA Church and served to the needy at the Santa Ana River Bed	All families (9-11 families)	25-45	Karuna
Narayana Seva Hot Food is prepared and sit-down dinner served to the needy. Donated Clothes, shoes, blankets and socks are sorted and also given.	Every Wednesday at First Congregational Church of Riverside	A sit down hot dinner is served to the needy of Riverside County	1-3	100-300	Karuna
KIDS Program	Every Wednesday at First Congregational Church of Riverside	Children of homeless and needy of Riverside are taught fun subjects and provided help with their homework. At the beginning of each school year children are provided free backpacks with school supplies.	1-3	2-35	Karuna
Riverside Free Medical Clinic	Every other Wednesday at First Congregational Church of Riverside	Free medical and dental clinic to the needy of Riverside	1-3	100-300	Karuna



2016 SERVICE PROJECTS – REGION 8 – LAKEWOOD CENTER

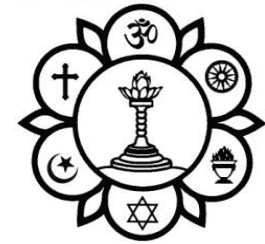
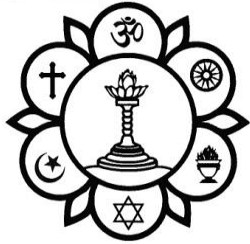
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Sunday Sandwich Project	Every Sunday 7:00 am to 8:30 am 13002 Espinheira Drive, Cerritos, CA 90703	Prepare 250 sandwiches (120 peanut butter, 130 veggie/cheese). Sandwiches are bagged and taken downtown for distribution along with 120 bananas	5 to 7	100	Lakewood
Downtown Lunch Project	5th Sunday of the month which comes four times a year. 11:00 am to 12:45 pm at the intersection of Wall and 3rd Street in downtown, Los Angeles	Prepare full lunch including pasta, salad, rice, juice, ice cream, bananas and apples.	10	300 to 400	Lakewood, Mission Viejo
Guru Purnima Project	In the Month of July, 9:30 am to 12:30 pm at the Mental Health Association Clinic at 2416 South Street Santa Ana, CA 92707	Prepare lunch for shelter which includes fajitas, quesadillas, fruit salad and Mexican salad.	10	500	Lakewood, Mission Viejo, Tustin
Christmas Service Project	On December 24th we deliver gifts and food items to two needy families	We collect food items and gifts for the needy families from Dec 15 to Dec 23rd and deliver them on Dec 24th.	All center members	2 needy families	Lakewood

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved



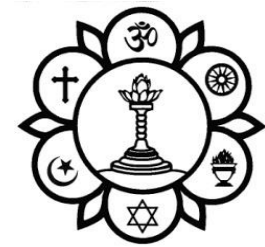
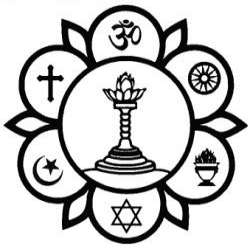
2016 SERVICE PROJECTS – REGION 8 – LAS VEGAS CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Lunches for women’s shelter: Prepare vegetarian lunches and drinks for battered women and children.	Every 2nd Saturday at The Shade Tree Women’s Shelter, 1 West Owens, North Las Vegas. (702) 385-0072 www.theshadetree.org	Center members: prepare food at the facility.	25 - 30	200-300	Las Vegas, Community members
Food distribution: Take \$150 boxes of food, toiletries, and clothes to at least 2 families daily.	Daily service throughout Las Vegas and surrounding areas	Center members: 1) Contribute to food purchase 2) deliver boxes to needy families.	3 - 4	2 families daily	Las Vegas
Snack bag distribution: Prepare and distribute bags of cookies, water, granola bars, and drinks for people on the street.	Every other month at Ray Ferrero’s house	Center members: 1) Make 300-400 bags of food once every other month. 2) Distribute as one sees those in need.	3 - 4	About 40 bags a month	Las Vegas
Senior food delivery: Deliver bread and cakes to seniors.	Three times per week at senior living complex	Center members: 1) Collect bread and cakes from stores and food bank. 2) Distribute food to seniors.	1- 2	350	Las Vegas



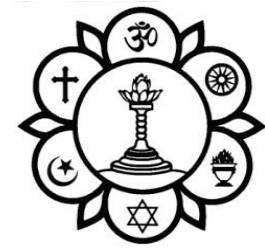
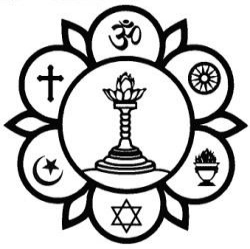
2016 SERVICE PROJECTS – REGION 8 – LOMITA CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Sunnyside Nursing Home - Bingo for Elderly Patients: Lomita Center volunteers play bingo with residents in their facility's recreation room and distribute gifts purchased and wrapped by the Sai center.	Every 2 nd Saturday in Torrance, CA	Center volunteers: 1) purchase & wrap gifts; 2) conduct bingo for elderly residents; and 3) distribute gifts to residents.	7	20-30 people	Lomita
Food Distribution: Lomita Center volunteers gather and distribute food each month to needy families in Long Beach. Center members submit families with about 5-7 people	3-4 x/month (day/place vary) Long Beach, CA	Center members purchase, gather (e.g., rice, beans, canned food, cereal, fruit, milk) and distribute food to underprivileged families.	3	8 families	Lomita
Christmas - Family Adoption: During the Christmas season, Lomita Center volunteers sponsor an underprivileged family in Long Beach/San Pedro and provide gifts and food for the family.	2 days before Christmas; Long Beach/ San Pedro, CA	Center volunteers search local communities for a family in need to sponsor, then buy and wrap gifts/ food and deliver to the family.	7	Families of 5-7 people	Lomita



2016 SERVICE PROJECTS – REGION 8 LOS ANGELES CENTER

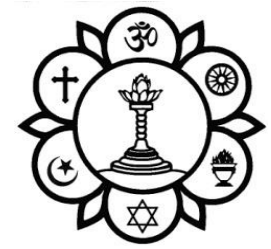
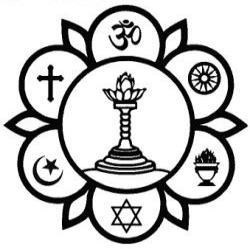
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Center(s) Involved
<p>Monthly meals for homeless youth (ages 18-24). The LA Center prepares and serves a meal in concert with "Safe Place for Youth" (SPY) at their facility. We alternate with another Center, one month bringing the meal and the next bringing dessert, paper goods and refreshments.</p>	<p>The 3rd Tuesday of each month 3:30 pm at SPY: 2469 Lincoln Blvd. Venice, CA 90291</p>	<p>Volunteers are needed to: 1) Bring and prepare a number of items for the meal; 2) Serve the meal.</p>	6	50-60	Los Angeles and Hollywood
<p>Weekly Burrito Project: We make burritos for two worthy organizations (180 burritos in all): 1) Samoshell Homeless Assistance Center, Santa Monica (60 burritos); 2) Claire Foundation, Alcohol and Addiction Treatment Center, Santa Monica (120 burritos)</p>	<p>Saturdays at 3:00 pm LA Sai Baba Center, 2961 Motor Ave. Los Angeles, CA 90064</p>	<p>Volunteers are needed to: 1) bring tortillas & cilantro, 14 lbs. of cooked beans, cheese, salsa & hot sauce; 2) prepare burritos and pack them; 3) someone to deliver them; 4) 3 boxes to hold about 60 burritos each.</p>	6	180	Los Angeles



2016 SERVICE PROJECTS – REGION 8 – MISSION VIEJO CENTER

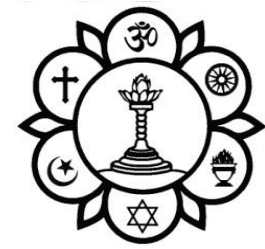
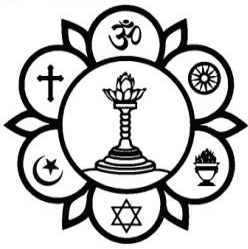
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Serve Healthy Vegetarian Breakfast to less fortunate at Salvation Army.	2nd Sundays at 5:00 AM at Salvation Army Hospitality House, Santa Ana. (714) 542-9576	Volunteers to bring food and loving hearts to serve are always welcome. Contact Sunila, Service Coordinator.	8	30-50	Mission Viejo
Singing at State-funding Convalescent Home to wheelchair bound residents. Project has been going for over 20 years.	3rd Sundays at 10 - 11:30 AM at South Coast Post Acute Center, 1030 W Warner Ave, Santa Ana. (714) 546-6450 (southcoastpostacute.com)	Volunteers to join us singing joyful songs, led by Dr. David Philipson and Gopal Nakka on guitar (714) 612-9279	25 to 30	50+	Mission Viejo
Serve hot healthy vegetarian Lunches to less fortunate with remaining food dropped off at nearby shelters. When available, free haircuts offered to guests at the shelter.	4th Sundays at 11:00 AM – 1:00 PM, MHA (Mental Health Association Homeless Multi-Service Center) 2416 S Main St, Santa Ana, 92701. (714) 668-1530	Volunteers to join us serving or bringing food are always welcome; and especially licensed Haircutters to provide free haircuts. Please contact Sunila, Service Coordinator for more details.	12 to 14	50 to 80	Mission Viejo
Downtown Los Angeles Lunch served to less fortunate	5th Sundays only: Leaving Tustin at 9:15 AM to drive to LA; return 2:00 PM	Volunteers to join us cooking and/or serving, with love; feel free to contact Sunila, Service Coordinator.	10	250 to 300 total	Mission Viejo, L.A, Hollywood, Arcadia,

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
					Glendale
Collecting toiletries to assemble hygiene kits with the Region for 3 Elementary schools in L.A. and Santa Ana.	Collection basket at Sai Center	Toothpaste, deodorant, shampoo, conditioner: 8-12 oz. if possible. Kindly contact Sunila, or Victoria for more information.	20	50	Mission Viejo



2016 SERVICE PROJECTS – REGION 8 – OAHU CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Sandwich distribution to homeless shelter: Peanut butter and jelly sandwiches donated to homeless shelter once a week	Fourth Sunday of the month. Sandwiches are dropped off at the homeless shelter.	Each center member brings sandwiches made from approximately one loaf of bread to the Sunday <i>bhajans</i> .	4 - 8	120-150	Oahu

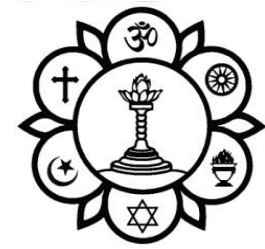
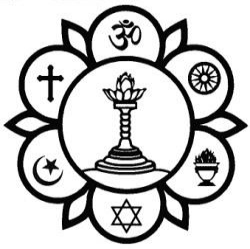


2016 SERVICE PROJECTS – REGION 8 – OJAI CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Family-to-Family Breakfast Feeding: Purchase, prepare, & serve breakfast for disadvantaged people once a month in Ventura	First Saturday of the month, year round, 6:00 to 9:30 am at Family to Family: 303 N. Ventura Ave. Ventura, CA 805-804-7238	Cutting various vegetables for Spanish potatoes, cutting fruit for fresh fruit salad, making pancakes, filling cereal bowls, making coffee and hot chocolate, setting up chairs, wiping tables, dish washing	8 to 10	75 served 150 servings	Camarillo, Ojai
Winter Warming Shelter Meals: Dinners are provided for homeless and indigent at the Winter Warming Shelter once a month from December through March each year.	4x per year starting in December; 3 rd Monday of the month at St. Andrews Episcopal Church, 409 Topa Topa Dr. Ojai, CA 805-646-1885	Chili or vegetarian enchiladas are cooked at home and brought to site by 1 volunteer. Salad, bread and butter, dessert, fruit juice and milk and dinnerware brought by various volunteers. Serving meals, some dish-washing and clean-up.	4 to 6	Appx 25	Ojai

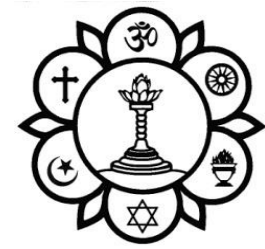
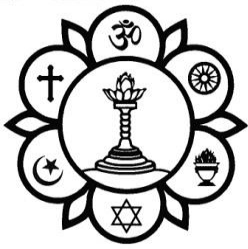
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
School Backpack Project: Provided to High School students at Nordhoff High School.	1x per year collected in August for delivery to Ojai Unified School District for the first day of school	Each center member is invited to purchase one backpack and supplies. (Notebook, pens, pencils, scientific calculator)	8 to 10	8 to 10	Ojai
Christmas Toy Project	1 x per year	Each person that attends the Regional Christmas Program is invited to bring a toy worth appx \$10, unwrapped, to be given to children who would not have a gift.	25 to 50	25 to 50	Ojai
Avocado picking project The avocados are distributed to various charitable organizations in the Ojai/Ventura area, such as: The humane Society, Catholic Charities, Help of Ojai, Veterans Service Center, Khepera House, Tender Life Maternity Home, etc. (Not done in 2016)	1 x per year, East end of Ojai valley on private property of Sai devotee	Picking avocados with poles, boxing them and delivering to charities	4 to 12	Unknown	Ojai, young adults from centers down south
Oxnard Medical, Dental & Vision Screening Camp: Region 8 devotees and community members from the greater Oxnard area have helped to provide free medical, dental and vision screening and distribute groceries at Our Lady of Guadalupe Catholic Church since 2006.	1x/year (usually in October) for past 10 years (since 2006) at Our Lady of Guadalupe Catholic Church 500 N Juanita Avenue Oxnard, CA (805) 483-0987	Saturday: Set up class-rooms & old main chapel; food bagging. Sunday: Various tasks in different departments- Blood, Dental, Health Education & Nutrition, Primary Care, Registration, Runners, Social Services, Vision, Women's Care, Exit	9 for Camarillo; 250 total from Region 8 & greater Oxnard area & the community	640 total (in 2015)	Camarillo, Ojai, Thousand Oaks

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Mahasamadi beans & rice project: For Oxnard families.	1x per year at the Camarillo Center. Bags are delivered to Christ the King Church, 535 Cooper Rd, Oxnard. (805) 483-3499	Sort and package rice and beans (10 pounds each) into shopping bags for delivery.	20	250	Ojai & Camarillo



2016 SERVICE PROJECTS – REGION 8 – SAN DIEGO NORTH COUNTY CENTER

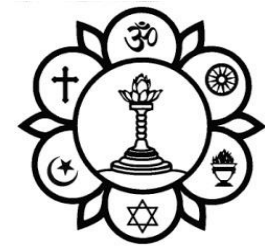
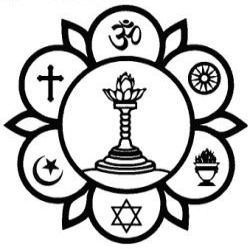
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
San Diego Homeless Feeding Providing hot food and water for the San Diego Sunday Homeless Feeding	Weekly, 1 PM, 17 th and K Street, San Diego	Preparing, collecting, delivering and serving the hot food and water	5	200 to 400	SDNE & SD Centers
Food delivery from the San Diego Food Bank to the Oceanside Women’s Shelter every 2 weeks.	Every 2 weeks	Collecting and delivering food	1	Unknown	
Chaperoning Homeless Teens	Weekly on Tuesday nights at Oceanside Stand Up For Kids	Chaperoning teens	1	20	
Oceanside Homeless Feeding Providing food, socks and groceries to Oceanside homeless.	Weekly on Saturday morning at Brother Benno’s shelter in Oceanside	Food collection, packing, delivery, distribution	2 to 4	40 (need is for up to 80)	



2016 SERVICE PROJECTS – REGION 8 – SAN DIEGO NORTH EAST CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Homeless Feeding: Hot Food is prepared and distributed to the homeless in downtown San Diego.</p>	<p>Every Sunday – Downtown San Diego, 299 17th Street San Diego, CA 9210</p>	<p>First Opportunity: Hot food is needed to be prepared and dropped off at the house of Kalyani and Krishna Nadakudur’s residence at 12250 Crisscross Lane, San Diego, CA 92129 Please prepare soup, pasta, rice, and or sandwiches that can be served to the hungry.</p> <p>Second Opportunity is for one or two people to take the food to the downtown and serve the food to the homeless hungry.</p>	10	Around 100 to 125	SDNC & SD
<p>Bhutanese grocery supply: Groceries like Dal, Cooking oil, Atta and Rice are supplied to the Bhutanese Refugees.</p>	<p>Quarterly Third Sunday Camp Location: 4318 51st St, San Diego, CA 92115</p>	<p>Groceries bought need to be dropped off at the center and also need volunteers who can deliver the supplies to the camp.</p>	10	30 to 40	

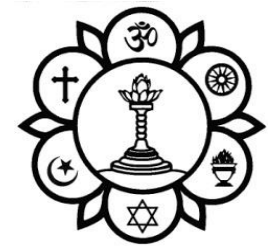
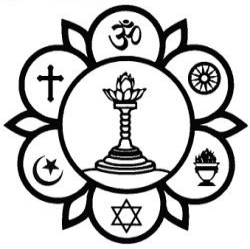
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Sandwich project: Sandwiches are prepared by our SSE students that are then taken and distributed to the hungry in the downtown San Diego. Both peanut butter jelly and cream cheese sandwiches are prepared and then they are placed in the bags along with a chewy bar and a fruit.</p>	<p>Quarterly Down town San Diego</p>	<p>The SSE kids collectively decorate the bags, prepare the sandwiches which are then to feed the homeless</p>	<p>30</p>	<p>Around 100 to 125</p>	



2016 SERVICE PROJECTS – REGION 8 – SAN DIEGO CENTER

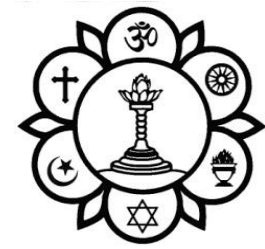
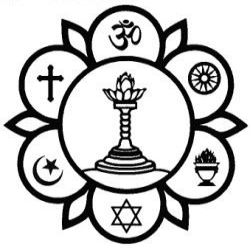
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Feeding of Poor and Homeless Hot and cold food for San Diego homeless community. (Extra food goes to Tijuana homeless or orphanage)	Downtown San Diego Sundays 12:45 PM at 17 th & K Streets Middle of block across from Neil Good Day Center.	<ul style="list-style-type: none"> • Food: hot or cold, sandwiches, fruit, water, granola bars, etc. (Drop off food at downtown feeding location or at SDNE Center on Sunday mornings - someone takes food downtown. • Clothes: season appropriate for adult men and women • Pet Food 	Day of: 12-15 (Need 15) Food and clothes: 7-10 people Clothes: as people bring to center. Hygiene items: as people bring.	100-150 per week	SDNE Center: Provides hot food. SDNC Center: Hot food from restaurant on 4 th Sunday & Fruit weekly
Quilting Making tied quilts for people in need who have had personal injury, disease, loss of family member or friend, personal trauma, are in need of comfort.	At 3450 Linda Vista Road #12, San Diego, CA 91220 every first Saturday and mid-month on a Wednesday afternoon from 12:30 to 5:00 pm	Our greatest need is for people to help. We have enough materials to last a long time. Since we teach anyone who is new to the project how to do the tasks needed, anyone is welcome with or without experience. We teach how to sew, how to choose fabrics to work together, how to put a top together, how to cut fabric, how to sandwich the tops to a back and how to tie the layers together.	We regularly have from 9-12 volunteers at a time. Could be as many as 20 at a time working together	Make and distribute about 50 quilts a year. The most service is, of course to the volunteers who make the quilts. This is our 28th	The project is open to Devotees from all San Diego Centers as well as non-devotees who like to be involved. Currently we have many regular attendees who are

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
		This is a project for both men and women.		year.	non-devotees.



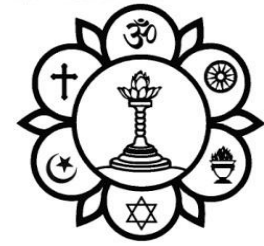
2016 SERVICE PROJECTS – REGION 8 – SANTA BARBARA

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Singing in an Alzheimer’s home	Sunday. Monthly/Bi-monthly depending on availability of musicians. The site is Mission Villa Assisted Living Facility, 321 W Mission St, Santa Barbara. (805) 898-2709	Singing old time English songs that engage the residents and/or chatting with residents, etc. Playing an instrument like a guitar, drums.	As many as can come. Usually about 9-10 attend.	15 to 20	Santa Barbara



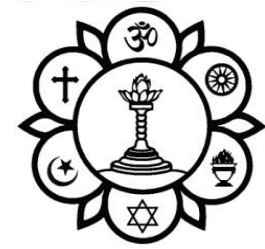
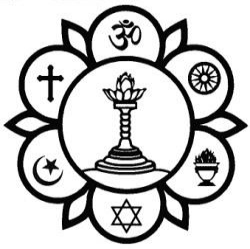
2016 SERVICE PROJECTS – REGION 8 – SANTA MARIA

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Sent funds to Colombo Friends in Need Society (CFINS) foot program to purchase 2 prosthetic legs and one prosthetic hand. \$120 for each leg and \$75 for one hand.	CFINS, No. 171 Sir James Pieris Manatha, Colombo 2, Sri Lanka. www.cfins@sitnet.lk	The service project is announced and anyone who wants to participate can put a voluntary donation in a tin.	5 adults and 3 to 4 children	3	Santa Maria
Participated in Walkathon to raise funds to support heart transplant surgery for a mother of one child	Sri Lanka Foundation 1930 Wilshire Blvd, 11th floor, LA, CA 90057 (213) 483-0126	The center members were not able to participate by walking, so donated funds in the voluntary donation tin.	5 adults and 3 to 4 children	1	Santa Maria
Collected 50 used glasses for Rotary Club	Sent to Sri Lanka Rotary Club www.rotarysrilanka.org	A large glasses donation box was placed at a local Robo Bank. Center members and others donated used glasses.	5 adults and 3 to 4 children and others	Up to 50 if all donated glasses could be refurbished	Santa Maria
Collect pocket change to donate to local food bank		Donated money was used by food bank to purchase food	5 adults and 3 to 4 children and others	Unknown.	Santa Maria



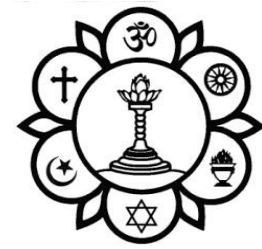
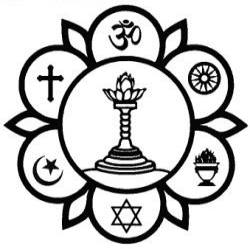
2016 SERVICE PROJECTS – REGION 8 – SOUTH BAY TORRANCE

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Sandwich Service: Center members make and distribute sack lunches every Sunday to homeless and other needy people in the Torrance city area.	Every Sunday at 10:00 am near the Torrance city area	Volunteers prepare and distribute sack lunches (peanut butter and jelly sandwich with banana and water / juice).	10	30+	South Bay Torrance
SPY (Safe Place for Youth) Monthly Food Service: We have the opportunity to serve young adults (ages 16-24) at Safe Place for Youth in Venice once a month.	Every 3 rd Thursday of each month at 3:30 pm at SPY: 2469 Lincoln Blvd. Venice, CA 90291	Center members prepare and serve rice, curry, samosa, salad and pasta with cake, water and juice and alternate with pizza and salad.	12-15	60+	South Bay Torrance
Hot Meal Food Service: We have the opportunity to serve homeless and needy families each quarter near the downtown Long Beach area.	Every Quarter near Long Beach Downtown area	We prepare and serve burritos, salad, Mexican Rice, cookies, banana and water packed in a lunch box	12-15	80-100+	South Bay Torrance
Education Coordinator		Iluh Blair	(310) 498-3796	llublair@gmail.com	



2016 SERVICE PROJECTS – REGION 8 – THOUSAND OAKS

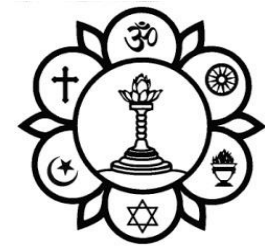
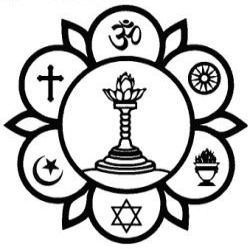
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Nursing Home Singing	1x per month on 2 nd Saturday (Thousand Oaks Health Care Center, 93 W Avenida De Los Arboles, (805) 492-2444)	Singing, playing guitar, Saxophone and visiting with residents, etc.	5 to 6 (currently only 2 are helping out)	10 to 15 attend the singing	Thousand Oaks/SSE/ joined by committed set of non-members
Cooking Breakfast at Transit Shelter	1x per month on 3 rd Saturday (RAIN Community, INC, P.O. Box 1934, Camarillo, California 93011, (805) 482-5063)	Cooking at site, dishwashing, setting up, serving, cleaning up.	6 to 7	Average 40 to 45 (10 - 15 are children)	Thousand Oaks joined by committed set of non-members
Assembling Toiletry Kits – SSE Project (Kits are given to Family to Family in Ventura – in coordination with Camarillo Center)	1x per year (At Thousand Oaks Center)	Purchasing supplies, putting together kits, delivering	10 to 12	60 to 70 people	Thousand Oaks Center/ SSE



2016 SERVICE PROJECTS – REGION 8 – TORRANCE CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Burrito Distribution: Twice each month, Torrance Center members purchase supplies and meet at the Center on Friday night to prepare burritos for homeless persons. The Service Coordinator then takes them to Harbor City on Saturday morning and finds homeless persons to give the burritos to.</p>	<p>Each month: 2nd & 4th Friday nights (prepare burritos) at Torrance Center and Saturday mornings (distribute burritos) to homeless persons in Harbor City</p>	<p>On Friday night, about 5-6 Center members bring supplies purchased (beans, cheese, salsa, tortillas) for 36 burritos and assemble them at the Torrance Center. On Saturday morning the Service Coordinator takes the burritos to Harbor City and distributes them to homeless persons.</p>	8	36	Torrance
<p>Grocery Distribution: Every year Torrance Center members collect groceries for families in need on the Friday night before Thanksgiving and Christmas. On Saturday morning, the Center Service Coordinator and a few Center members deliver the bags to the Yahhonweh emergency food center in Gardena, CA.</p>	<p>On the Friday and Saturday before Thanksgiving and Christmas: Assemble/distribute groceries to emergency food center Yahhonweh in Gardena, CA</p>	<p>Center members (20) purchase supplies (canned food, rice) for 20 bags of groceries and take them to the Torrance Center on Friday night. Some members deliver them to Yahhonweh emergency food center in Gardena for distribution to needy families.</p>	20	20 families	Torrance

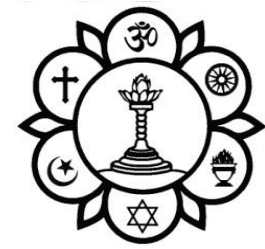
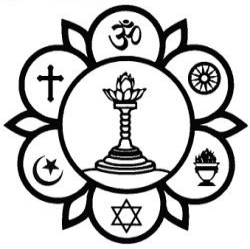
Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>School Supplies: In August, Torrance Center members purchase clothing, school supplies and toiletries, when requested, for distribution to students at school sites, as determined by Region 8 officers.</p>	<p>August: Torrance Center members purchase and deliver supplies for students to Region 8 officers for school distribution</p>	<p>Center members (about 25) purchase a number of items (e.g., clothing, school supplies and toiletry items) for about 35 students. Center members deliver the items to Region 8 officers for distribution to schools.</p>	<p>25</p>	<p>35</p>	<p>Torrance</p>
<p>Meal Supply: Once every other month on a Tuesday or Thursday, the Torrance Center prepares and delivers full meals to Safe Place For Youth (SPY) for homeless youth (ages 18-24) in Venice, CA.</p>	<p>Every other month on Tuesday or Thursday Distributed at SPY: 2469 Lincoln Blvd. Venice, CA</p>	<p>Center members (10) purchase and prepare food (including burritos, cakes, salads, fruit and juice) for 100 youth. One or more members deliver the food to SPY in Venice, CA.</p>	<p>10</p>	<p>100</p>	<p>Torrance</p>



2016 SERVICE PROJECTS – REGION 8 – TUSTIN CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Feeding The Hungry In Santa Ana: Hot breakfast is served to homeless and emotionally challenged brothers and sisters. The Menu Includes: Scrambled tofu, wheat pancakes, oatmeal, veggie burrito, fruits, milk and orange juice.	Every Saturday 7:00 – 9:30 am at the Mental Health Association (MHA), 2416 S Main St, Santa Ana, CA 92707.	Volunteers donate Food items, juice and assist in preparing food. Please contact Service Coordinator at Tustin Center.	9 - 10	100	Tustin
Feeding The Hungry In Santa Ana: Breakfast Served to homeless brothers and sisters. The Menu Includes: Scrambled tofu, wheat pancakes, oatmeal, coffee, juice and fruit.	Every 3rd and 4th Saturday 7:00 – 10:00 am at Southwest Community Center, 1601 West 2nd Street, Santa Ana, CA 92703.	Volunteers donate food items and juice and assist in preparing food. Please contact Service Coordinator at Tustin Center.	9	175	Tustin
Sandwich Projects: Sandwiches are prepared and delivered to needy families in Santa Ana every other Saturday of the month. The sandwiches are packed at MHA facility and then it is delivered to Regina and Joseph House. Peanut Butter and Jelly Sandwich, Fruit, Juice and Granola Bars.	Every other Saturday 7:00 - 10:00 am at Mental Health Association (MHA), 2416 S Main St, Santa Ana, CA 92707.	Volunteers donate Food items and juice and assist in Making sandwiches and packing. Please contact Service Coordinator at Tustin Center.	6 - 8	75 Bags	Tustin

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
<p>Meals on the wheels: Volunteers prepare Mexican food for 250 homeless people and deliver to 7 homeless shelters in Santa Ana. On special occasions like Maha Samadhi, Guru Purnima and Swami's birthday volunteers prepare food for 550 people and deliver to 11 homeless shelters in Santa Ana, Costa Mesa, Placentia, Laguna Hills, Laguna Beach and Long Beach. The menu includes: Mexican salad, Spanish rice, beans, fajita, quesadillas, cut fruit and juice.</p>	<p>Every 3rd Sunday 10:30 am to 12:30 pm at Mental Health Association (MHA), 2416 S Main St, Santa Ana, CA 92707</p>	<p>Volunteers donate Food items, juice and assist in making sandwiches and packing. Please contact: Latha Sarakki – lsarakki@gmail.com</p>	<p>12 - 15</p>	<p>250 - 550</p>	<p>Tustin, Lakewood, Mission Viejo</p>



2016 SERVICE PROJECTS – REGION 8 – UPLAND CENTER

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Peanut Butter & Jelly Sandwich Project: Upland Center members prepare sandwiches for a Homeless Shelter in conjunction with the Inland Valley Hope Partners Pomona Valley Churches.	Every 2 nd Sunday of the month at the Upland Center	Center members (10-20) purchase supplies and prepare 100 to 120 peanut butter and jelly sandwiches once a month on the 2 nd Sunday morning at the Upland Center. A shelter representative picks up the sandwiches.	10-20	100-200	Upland
Collect canned goods and dry cereal: Items are collected and delivered, (along with sandwiches that Center members make) to a Homeless Shelter in conjunction with the Inland Valley Hope Partners Pomona Valley Churches.	Every 2 nd Sunday of the month at the Upland Center	Center members (10-20) participate in collecting canned goods and dry cereal. A shelter representative picks up canned goods and dry cereal, along with the sandwiches made by Upland Center members on the 2 nd Sunday morning each month.	(Varies)	(Varies)	Upland
Hot meal project: Four times a year, Upland Center members prepare hot meals and serve the needy at a church in Pomona (location varies). The project is coordinated by the Inland Valley Hope Partners Pomona Valley Churches' "Helping Hands, Caring	Four times a year, usually in January, April, July/August and November (last time at 480 West Monterey Ave.	Center members help prepare hot meals (e.g., pasta dish, salad, Spanish rice), then serve them at a church in Pomona (location varies).	10-20	60 to 120	Upland

Service Description	When / How Often & Where	Service Opportunities	Volunteers Needed	People Served	Centers Involved
Hearts” program.	Pomona, CA)				
Adopt a Family: At Christmas time, the Center “adopts” a family, in conjunction with the Inland Valley Hope Partners Pomona Valley Churches, and provides needed items.	Once a year at Christmas time, a Center member delivers the items collected to a shelter	Center members (20) purchase items (e.g., clothes, shoes, jackets, toys, cooking utensils) and take them to the Center. One Center member delivers the items collected to a shelter.	20	One needy family	Upland
Eye glasses: Center members collect old eye glasses and deliver them to various medical camps organized by Region 8.	Ongoing - Center members bring old eye glasses to the Center and deliver them to various medical camps.	Center members bring old eye glasses to the Center. A Center member delivers the eye glasses to various medical camps organized by Region 8.	(Varies)	(Varies)	Upland