



THINK OF ME

REGION 8 ANNUAL RETREAT

MAY 25-27, 2018

IDYLLWILD, CALIFORNIA

This is a tentative program for the retreat, and some items may change as coordinators finalize the schedule. Please visit the Region 8 website <http://region8saicenters.org> for the latest updates.

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MAY 25-27, 2018 – IDYLLWILD, CALIFORNIA

FRIDAY, MAY 25

- 3:00** Registration
onwards
- 6:30** Dinner
onwards Potluck provided by Food Committee
- 7:30** Opening Prayers and Devotional Singing
- 8:00** In Conversation with Dr. Sunder Iyer
An informal session with the guest speaker
- 9:00** Announcements and Night Prayer

“Think of Me” Activities on Saturday

- Please sign up for an activity during on-site registration so that the activity coordinators can prepare for the group size.
- The hiking will be available in difficulty levels that you can join according to your physical ability.
- The specific arts and crafts activities may vary, but can include making candles, japamalas and other items.
- For the “Reflections” segment, please let us know if you have a Swami experience to share.

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SATURDAY, MAY 26 Registration from 7:00 AM to 12:30 PM

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| 6:15 Sunrise Devotionals
6:45 Suprabhatam and Nagarsankirtan | 2:00 Mindful Meditation
3:30 Workshop by Dr. Sunder Iyer |
| 7:00 Yoga and Guided Meditation | 3:30 Afternoon Break
5:00 Refreshments |
| 8:00 Breakfast
9:00 | “Think of Me” Activities - Choose: |
| 9:30 Devotional Singing | • Guided Hike |
| 10:15 Welcome by Regional President, Camp Staff and MC | • Arts and Crafts |
| 10:30 Dr. Sunder Iyer
Guest Speaker Session 1 | • “Reflections” - Group Sharing |
| 12:00 Nature is the Vesture of God
Presentation by Young Adults | 5:30 Dinner
6:30 |
| 12:30 Lunch
1:30 | 7:00 Sacred Sounds
7:45 Music Program led by Bill Bailey |
| | 8:00 Campfire - Singing Under the Stars
9:30 |
| | 9:30 Closing Remarks and Night Prayer |

SUNDAY, MAY 27 Registration from 8:00 AM to 11:00 AM

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| 6:15 Sunrise Devotionals
6:45 Suprabhatam and Nagarsankirtan | 11:00 Transformation through Prayer
Workshop by Dr. Sunder Iyer |
| 7:00 Yoga and Guided Meditation
7:45 | 12:30 Lunch |
| 8:00 Breakfast | 1:30 Q&A with Dr. Sunder Iyer |
| 9:00 Devotional Singing | 2:30 Devotional Singing and Closing Prayers
3:15 |
| 9:30 Dr. Sunder Iyer
10:45 Guest Speaker Session 2 | |